

**BODY WISE®**  
Body Wise International, Inc.  
2802 Dow Avenue  
Tustin, California 92780  
Tel: 714-505-6121  
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Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Pkwy.  
College Park, MD 20740

RE: Notification of statements on a dietary supplement known as, Super Reshape®

October 6, 2003

Dear Ladies/Gentlemen;

Pursuant of 21 C.F.R. Subpart F, section 101.93, Body Wise International, Inc. ("Body Wise" the distributor, which is located at 2802 Dow Avenue, Tustin, CA 92780) wishes to notify the Food and Drug Administration that it has commenced marketing a dietary supplement known as Super Reshape® which includes statements of nutritional support in it's labeling.

The following statements are being made for the dietary supplement known as Super Reshape®

- Super Reshape® formula can help you win the war against fat. It's the nutrition you need with the results you want. Features Garcinia Cambogia and chromium, which help increase metabolism and burn fat. Want to know how you can build muscle, too? You can do it with amino acids and Super Reshape has them!
- 5-HTP Shown to decrease cravings and "slam the door on hunger."
- Chromium A trace mineral that supports healthy lean muscle mass and maintains healthy insulin levels.
- Gymnema Sylvestre Reduces cravings for sweets and helps support healthy blood sugar levels.
- Garcinia Cambogia (HCA) May help to support a normal appetite.
- L-Carnitine Supports the body's ability to utilize fat as an energy source.
- Along with a healthy diet and exercise, Super Reshape® supports the natural balance of your blood sugar levels, and may give you the additional control you need over cravings for sweets and fatty foods.

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The above statements are accompanied by the required disclaimer, which is prominently displayed in a box in boldfaced type.

The information contained in this notice is complete and accurate. Body Wise maintains on file substantiation that these statements are truthful and non-misleading.

An original and two copies of this notification are being submitted.

Sincerely,

A handwritten signature in black ink, appearing to read "Alan E. Huffington", written over a horizontal line.

Alan E. Huffington  
Director of Regulatory Affairs

dw/AEH

Enclosures: Two copies of this two-page letter.